

Moving Forward

Treating the Spectrum of Addictions

9 a.m. Friday, August 19, 2016 on the campus of Central Michigan University.

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This fall, the College of Education and Human Services, in collaboration with the Michigan Association of Alcoholism & Drug Abuse Counselors (MAADAC), will sponsor its initial conference addressing a broad spectrum of issues related to chemical dependency and other addictions, both behavioral and substance related. The conference will target issues which are relevant to clinicians, educators, physicians, criminal justice personnel, and human service providers.

To register, visit ehs.cmich.edu/movingforward

Registration Rates:

Early Bird Rate - March 1-June 15, 2016

CMU students \$30.00

Open registration \$80.00

June 15-August 1, 2016

CMU students \$40.00

Open registration \$100.00

Same Day Registration (August 19) - \$125.00

The conference will highlight the keynote remarks of Dr. Mel Pohl on non-addictive pain management methods, but will also provide breakout sessions which will address:

- Research based tools and practices for diagnosis, treatment, patient care, and intervention
- Strategies for school based personnel in addressing adolescent and young adult addictive behavior in both secondary and higher education settings
- Process addictions, including, compulsive gambling, eating disorders, and hypersexual conduct
- The relationship between addiction and combat related trauma within the military and public safety personnel
- Recent medical research and treatment practices for addressing common presenting problems of patients and clients
- Methods in which criminal justice personnel can provide innovative strategies in working more effectively with their clients
- CMU's new certificate program for practitioners from multiple disciplines in the treatment of addictions

Dr. Mel Pohl, Keynote



Mel Pohl, MD, FASAM is a Board Certified Family Practitioner. He is Vice President of Medical Affairs and the Medical Director of Las Vegas Recovery Center (LVRC). Dr. Pohl

was a major force in developing LVRC's Chronic Pain Recovery Program.

He is certified by the American Board of Addiction Medicine (ABAM), and a Fellow of the American Society of Addiction Medicine (ASAM). Dr. Pohl is a Fellow of the American Academy of Family Practice and a Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Nevada School of Medicine.

He is the former chairman of ASAM's AIDS Committee, a member of ASAM's Symposium Planning Committee, a member of the planning committee for ASAM's Annual "Common Threads, Pain and Addiction" Course and co-chair of ASAM's Pain and Addiction Workgroup. He was elected by his peers for inclusion in Best Doctors in America® from 2009 to present.

Dr. Pohl is a nationally known public speaker and co-author of Pain Recovery: How to

Find Balance and Reduce Suffering from Chronic Pain (Central Recovery Press, 2009); Pain Recovery for Families: How to Find Balance When Someone Else's Chronic Pain Becomes Your Problem Too (Central Recovery Press, 2010); The Caregiver's Journey: When You Love Someone with AIDS (Hazelden, 1990); Staying Sane: When You Care for Someone with Chronic Illness (Health Communications, 1992). Dr. Pohl is the author of A Day without Pain (Central Recovery Press, 2008), which won a silver medal from Independent Publisher Book Award in May 2009. He has recently written a revised version of A Day without Pain (Central Recovery Press, 2011).

His new book with Kathy Ketcham from Da Capo Press is The Pain Antidote -Stop Suffering from Chronic Pain, Avoid Addiction to Painkillers, and Reclaim Your Life.





Breakout Sessions

Military

Presenter: Larry Ashley, EdS, LPC

Title: Combat Trauma and Addiction: The Deadly Duo

This session will focus on the relationship between combat trauma and addictive disorders. The signs and symptoms of combat trauma and addictive disorders will be discussed. In addition, treatment approaches relative to discussing these issues will be addressed. The impact upon family and significant others will be covered as well

Behavioral Addictions

Presenter: Dr. Ronald Bradley, DO, PhD, Head of Psychiatry, CMU Medical School

Title: Process Addictions

Most people consider only alcohol and other drugs when the topic of addictive behavior is raised. However, many individuals have difficulties with what are termed Process Addictions or Behavioral Addictions. Among the most common are gambling, eating disorders, and hyper sexual behavior. This session will focus on the unique qualities of these addictions.

Schools

Presenters: Drs. John Farrar and Ellen Armbruster, Central Michigan University and Mrs. Barbara Jones, MA, Counseling Dept. Chair, Livonia Churchill High School

Title: 12 Steps that Schools (and Counselors) can take to address addictions in secondary schools

A strong correlation exists between addictions and school failure and dropout rates. The 12 Strategies described in this breakout will represent practical, proven interventions that any secondary school can implement to positively impact upon school climate and academic success.

Clinical

Presenter: Sam Price, MA, President/CEO of Ten 16 Recovery Network

Title: Clinicians, Coaches, and Couches: Re- Inventing Outpatient Services

Ten16 Recovery Network is re-inventing the way SUD services are delivered in a community with the opening of The Center for Recovery and Wellness. Staffed by people who have experienced recovery first hand, the Center offers drop-in services and scheduled programs. The Center offers casual recreational space, coffee, TV lounge area, as well as meeting rooms. This session will speak to the creation of this innovative delivery system to support and sustain recovery for the agency's clients and others in recovery within the community that the outpatient facility serves.

Higher Ed

Presenter: Matt Statman, LMSW, CAADC, Collegiate Recovery Center, Michigan State University

Title: The Collegiate Recovery Center Model: Promise and Impact

The transition to college life can pose a significant risk to both students in recovery and others who are susceptible to alcohol/other drug problems. Many colleges have developed programs to support recovery and provide programs and activities that promote both an enjoyable college social experience and sobriety.

Probation Officers & Court Personnel

Presenter: Dr. John Farrar, LPC, ACS, Director of Global Campus, MA in Counseling, Central Michigan University and Pamela Myslivec, MA, 1016 Recovery Network, Gladwin, MI.

Title: Why do Some Probationers Succeed while Others Fail? The role of court personnel in the recovery process

This introspective session explores the supportive and assertive role that judges and probation personnel can play in defendant/client recovery. Based upon the research outlined in "The Heart and Soul of Change: Delivering What Works in Therapy" (Duncan, Miller, Wampold, & Hubble) this presentation explains the critical variables in treatment outcomes and the role courts can play in client progress.